

Detroit Derby Girls



What is Derby! U?

Derby! U is our *new* 2-day weekend workshop to teach our potential recruits all about roller derby and the Detroit Derby Girls.

Where does Derby! U take place?

At the Masonic Temple in downtown Detroit where we play our bouts. 500 Temple St.

How much does it cost?

\$40

What does the \$40 cover?

The rental of the Masonic Temple Drill Hall (where we play our bouts) for the weekend, your t-shirt, lunch each day, and your future practice time at the Masonic on Fresh Meat Fridays.

Am I required to attend Derby! U if I want to tryout to be a Detroit Derby Girl?

Yes. There is a LOT of things you need to know as potential recruits before you can commit to being a derby girl. The most important thing is safety so we are going to teach you how to stop and fall properly (because it is inevitably going to happen). You also need to understand the basics of skating as well as the basic rules of the game. We also want to discuss what types of time commitment and other things are involved with joining the Detroit Derby Girls because we aren't just members, we are also owners.

What you need to bring with you?

Skates, helmet, elbow pads, knee pads, wrist guards, mouth guard.

**We have a few spare sets so if you are missing one of the items listed, we may be able to help you out but you will need all of these items if you plan on trying out in June.*

What happens next?

Hit the rink and practice what you learned at Derby! U. Do you really have what it takes to be a Detroit Derby Girl? Think long and hard about your decision to join because it will change your life no doubt. For the better of course!

And then...?

You will receive e-mail updates about upcoming Derby! U clinics and tryouts. Hopefully you will have what it takes to become part of our Fresh Meat program.

Make sure you e-mail hr@detroitderbygirls.com if you haven't already to get on the e-mail list for upcoming Derby! U information. GOOD LUCK! ☺